



# NAMI PICNIC

**22**  
Aug **2019**

Prospect Park, 511 Wisconsin St.,  
Hudson, Wisconsin  
Starts at **2PM – 4PM**

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## NATIONAL ALLIANCE ON MENTAL ILLNESS Hosts:

Mindfulness - Music - Games - Yoga

Learn About NAMI - Connect

Giveaways - Resources - Get Involved

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## FREE Lunch - Big Guys BBQ

FREE Admission: ALL ARE WELCOME!

RSVP: [nami-stcroixvalley.com](http://nami-stcroixvalley.com)

### QUESTIONS?

(608) 301-5440  
[namiscv@gmail.com](mailto:namiscv@gmail.com)

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